

BREAKFAST HABITS
DAILY 9am - 3pm

We use free range eggs, humanely raised meats and sustainable seafood.

- Two Eggs** 2 eggs any style, hash browns, toast - 7
Your choice of Two Rivers - bacon, back bacon or turkey sausage - 9
 - Yogurt Parfait** Honey almond granola, fruit compote - 5
 - Granola Pancakes** 2 buttermilk pancakes, toasted honey almond granola, caramelized apples, maple syrup - 8
 - Eggs Benedict** 2 poached eggs on an English muffin, house-made hollandaise sauce, hash browns back bacon - 10
roast tomato, basil, chevre - 10
🌱 salmon lox, capers, shallots, dill cream cheese - 12
 - Omelette** 3 eggs (or substitute tofu), hash browns, toast
Chorizo, spinach, tomato, goat feta - 10
🌱 Crab, asparagus, dill, hollandaise - 12
Brie, aged cheddar - 9
Roast tomato, spinach, mushroom - 9
 - Steak and Eggs** 4oz grilled flat-iron steak, 2 fried eggs, bacon & spinach hash - 13
 - BLTA Sandwich** Bacon, iceberg, tomato, avocado mayo, hash browns - 8
 - Huevos Rancheros** 2 eggs, black beans, guacamole, smokey tomato salsa, corn tortillas, crème fraiche, hash browns - 11
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|---------------|--|--------------------------------|--------------------------------|
| Sides | Bacon/sausage - 2 ⁷⁵ | Hollandaise - 1 ⁵⁰ | Guacamole - 1 ⁵⁰ |
| | Hash browns - 2 ⁵⁰ | Toast - 2 ⁵⁰ | Roast Tomato - 1 ⁵⁰ |
| | Extra Egg - 1 ⁷⁵ | Fruit Cup - 4 ⁵⁰ | |
| Drinks | Fresh orange, grapefruit, apple juice - 4 | | |
| | Coffee - 2 ²⁵ | Decaf Coffee - 2 ²⁵ | Tea - 2 ²⁵ |
| | Soda Fountain: Pepsi, Diet Pepsi, 7-Up, Ginger Ale, Iced Tea, Root Beer, Dr Pepper - 2 | | |
| | Ice Cream Float with vanilla gelato - 3 ⁵⁰ | | |

Perhaps Something A Little Stronger To Get Your Day Started!

Breakfast Martini 'Bento Box'

Gin shaken with fresh lemon juice, a heaped teaspoon of orange marmalade, a dash of Cointreau, served up with an orange twist. Laid out for you to shake your own cocktail - 8

Classic Mimosa Fresh orange juice topped with sparkling wine and an orange twist - 7

Mimosa Of The Day Puréed fresh fruit of the day topped with sparkling wine & a lemon twist - 7

Classic Caesar with all the trimmings, garnished with a spiced bean & olive skewer - single 5 / double 8

LUNCH HABITS
DAILY 11am - 5pm

- Soup of the Day** Toasted baguette, herb butter - 7
 - Habit Hummus** Smoked onion & white bean dip, foccacia, fry bread - 7
 - Beet Salad** Mixed greens, pistachios, goat feta, spiced vinaigrette - 11
 - Sweet Carrot & Brie Perogies** Chive sour cream, caramelized onions - 11
 - Tuna Casserole** Seared albacore tuna, penne, organic mushrooms, asparagus, parmesan panko crust - 15
 - Sandwiches** Served with soup, fries or salad
🌱 Venison sloppy joe - 11
Aged cheddar, caramelized onion, truffle oil - 11
Smoked chicken club, bacon, iceberg, tomato, avocado mayo - 12
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| Sides | Cup of soup - 3 | Seared Tuna - 4 | Grilled asparagus - 7 |
| | Side of Bread - 2 | Mash - 5 | Green beans & almonds - 5 |
| | Side Salad - 4 | Fries & Aioli - 4 | |



Recommended by the Vancouver Aquarium as an ocean-friendly seafood choice.

For groups of 8 or more a 17% gratuity will be added.